

A critical role for IL-21 receptor signaling in the pathogenesis of systemic lupus erythematosus in BXSB-Yaa mice

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Interleukin 21 (IL-21) is a pleiotropic cytokine produced by CD4 T cells that affects the differentiation and function of T, B, and NK cells by binding to a receptor consisting of the common cytokine receptor γ chain and the IL-21 receptor (IL-21R). IL-21, a product associated with IL-17-producing CD4 T cells (T_H17) and follicular CD4 T helper cells (T_{FH}), has been implicated in autoimmune disorders including the severe systemic lupus erythematosus (SLE)-like disease characteristic of BXSB-Yaa mice. To determine whether IL-21 plays a significant role in this disease, we compared IL-21R-deficient and -competent BXSB-Yaa mice for multiple parameters of SLE. The deficient mice showed none of the abnormalities characteristic of SLE in IL-21R-competent Yaa mice, including hypergammaglobulinemia, autoantibody production, reduced frequencies of marginal zone B cells and monocytosis, renal disease, and premature morbidity. IL-21 production associated with this autoimmune disease was not a product of T_H17 cells and was not limited to conventional CXCR5⁺ T_{FH} but instead was produced broadly by ICOS⁺ CD4⁺ splenic T cells. IL-21 arising from an abnormal population of CD4 T cells is thus central to the development of this lethal disease, and, more generally, could play an important role in human SLE and related autoimmune disorders.

autoimmune disease | autoantibodies | B cells | T cells

Systemic lupus erythematosus (SLE) in humans is a chronic, multigenic autoimmune disease characterized by a wide spectrum of clinical abnormalities, the production of multiple autoantibodies, and the generation of immune complexes that often lead to severe renal disease. The production of autoantibodies is indicative of a profound breakdown in humoral tolerance mechanisms and B cell hyperactivity caused either by B cell-intrinsic abnormalities or immunoregulatory defects of other cell types. Mouse models genetically programmed to develop characteristics of SLE have proven useful for characterizing this disease process and for identifying potential therapeutic targets. Among the most interesting models of SLE are the BXSB mice bearing the Y chromosome-linked autoimmune acceleration (Yaa) mutation (1). Affected animals develop a remarkably severe disease characterized by lymphoid hyperplasia, monocytosis, hypergammaglobulinemia, and severe immune complex-mediated glomerulonephritis. In contrast to the female prevalence of SLE in humans, this disease is male-biased because of the epistatic effects of BXSB-background autosomal alleles in combination with Yaa. This mutant locus is the result of the duplication of at least 17 genes in the X chromosome, including Toll-like receptor 7 (*Tlr7*), and their placement in the Y chromosome (2, 3). Remarkably, severe autoimmune disease results from the presence of an extra copy of these X-chromosome genes in Yaa mice in combination with BXSB-background autosomal alleles.

IL-21 is a pleiotropic member of the γ -chain family of cytokines, which engages the IL-21 receptor (IL-21R) and the

common cytokine receptor γ -chain expressed on cells of both lymphoid and myeloid lineages (ref. 4, reviewed in ref. 5). This cytokine is expressed by antigen-stimulated peripheral T cells (4) and by T follicular cells (T_{FH}) cells (6, 7), and may act in an autocrine and/or paracrine manner to support the development and maintenance of T_H17 cells (8–10). IL-21 is a potent inducer of primary CD8⁺ T cell and NK cell activity, and acts in synergy with IL-15 in regulating CD8⁺ T cell expansion and memory function (11). In B cells, the effect of IL-21 is dependent on their stage of differentiation, such that engagement with naïve B cells confers an apoptotic signal while it promotes T cell-dependent maturation of antigen-experienced B cells to plasma cells (12, 13) and is essential for germinal center (GC) formation (6). Recent studies in humans suggest that allelic variation in the IL-21 gene is a risk factor for SLE (14). Previous work showed that BXSB-Yaa mice have elevated IL-21 at the transcriptional and serum protein levels (12). Here we show that IL-21 signaling is essential for the SLE-like autoimmune disease of BXSB-Yaa mice and describe the mechanisms responsible.

Results

Elevation of *Il21* Expression by Noncirculating T Cells from Aging BXSB-Yaa Mice. Our previous studies showed that *Il21* transcripts and serum levels of IL-21 protein are elevated in BXSB-Yaa but not BXSB-wild type (wt) mice at 16 weeks of age (12). To determine if this elevation is age-related, we used real-time quantitative RT-PCR (qPCR) arrays (15) to monitor transcript levels of *Il21* and other genes in spleen cells of mice at 8 weeks of age, before overt disease, and at 16 weeks of age, when the mice are uniformly ill. The results showed that levels of transcripts for *Il21*, as expected, as well as *Il4*, *Il10*, and *Dnase1*, were significantly increased in 2 cohorts of 16-week-old but not in 8-week-old BXSB-Yaa mice (Table 1). The marked increases in *IgG2b* transcripts provide an independent marker for the striking B cell activation and maturation associated with this disease. Parallel studies of peripheral blood leukocytes from mice of the same ages showed that none of these genes were expressed at increased levels (data not shown). To determine the cellular origins of these transcripts, we performed the same studies on spleens acutely depleted of T cells (Fig. 1). This treatment

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Conflict of interest statement: The authors are listed as co-inventors on applications for and/or issued patents related to IL-21.

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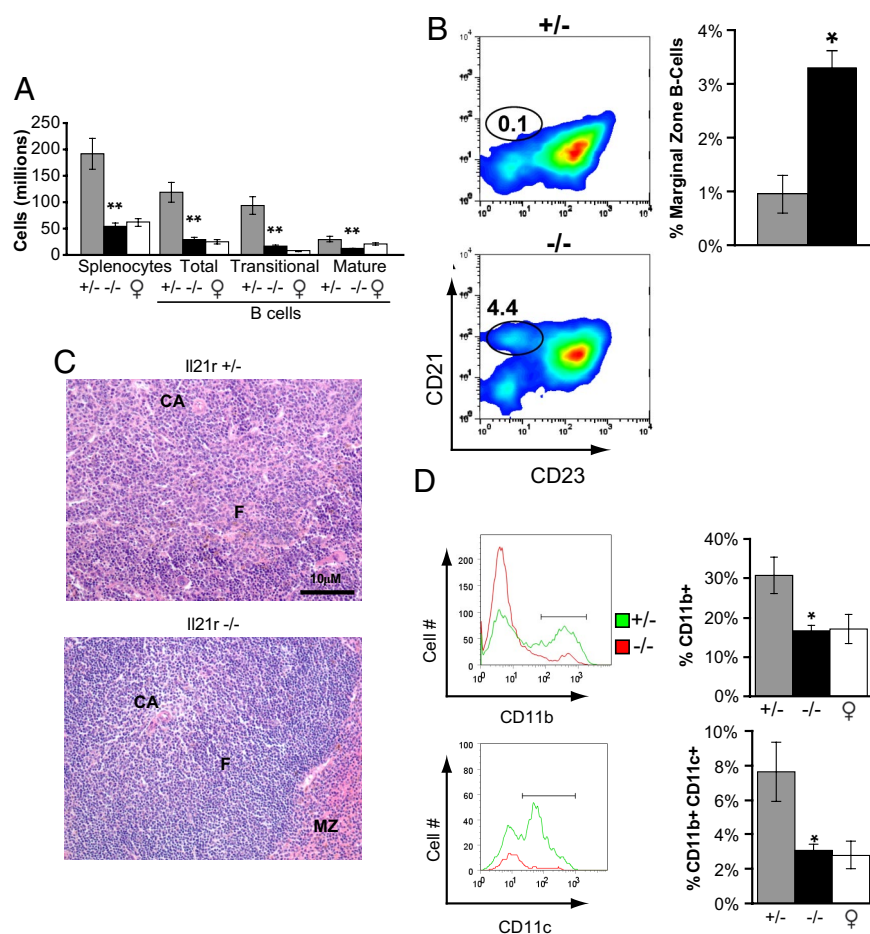


Fig. 3. IL-21R deficiency prevents the abnormal leukocyte populations characteristic of BXS-B-Yaa mice. (A) Spleens of *Yaa/Il21*^{-/-} mice exhibit greatly reduced cellularity compared with spleens of *Yaa/Il21*^{+/+} mice. *Yaa/Il21*^{+/+} mice have high numbers of total B cells, and immature and mature B cells; this phenotype was abolished in *Yaa/Il21*^{-/-} mice. (B) The frequencies of splenic MZ B cells (CD19⁺ CD21^{hi} CD23^{lo}) typically depleted in *Yaa/Il21*^{+/+} mice are restored in *Yaa/Il21*^{-/-} mice. (C) *Yaa/Il21*^{+/+} but not *Yaa/Il21*^{-/-} spleens lack an obvious MZ and show expansion in red pulp with monocytois and accumulations of plasma cells resulting in compression of the white pulp. Central arteriole (CA), follicle (F) of H&E-stained sections. (D) *Yaa/Il21*^{-/-} mice do not develop spleen cell monocytois as measured by CD11b expression and have fewer CD11c-positive dendritic cells compared with *Yaa/Il21*^{+/+} littermate controls. Data are representative of spleens from 16-week-old mice. Data from BXS-B female mice thus lacking Yaa of the same age are included for comparison.

presence of increasing numbers of CD11b⁺ monocytes and CD11b⁺ CD11c⁺ dendritic cells in the peripheral blood and spleen (16, 17). Studies of spleen cells showed that the frequencies of cells with this phenotype were profoundly decreased in IL-21R-deficient mice (Fig. 3D). We conclude that heightened IL-21 signaling is responsible for each of the Yaa-dependent histological, numeric, and cellular abnormalities that characterize BXS-B-Yaa mice.

IL-21R Deficiency Prevents Renal Disease and Mortality Characteristic of BXS-B-Yaa Mice. Accelerated mortality in Yaa mice is due to the progressive development of immune-complex-mediated glomerulonephritis. The observations that *Yaa/Il21*^{-/-} mice are not hypergammaglobulinemic and have greatly reduced levels of autoantibodies suggested that these mice might be protected from the development of lethal renal disease. To examine this issue, we first compared the histologic features of kidneys from 16-week-old *Yaa/Il21*^{-/-} and *Yaa/Il21*^{+/+} mice. Kidneys of *Yaa/Il21*^{+/+} mice exhibited multiple pathological features, including a thickening of the glomerular basement membrane, perivascular inflammation associated with neutrophilic infiltrates, and focal adhesions with marked glomerular fibrosis, sclerosis, and Ig deposits (Fig. 4A and B). In contrast, kidneys from *Yaa/Il21*^{-/-} mice were essentially free of all these abnormalities. To determine if abrogation of renal disease would be predictive of prolonged survival, we followed a cohort of *Yaa/Il21*^{-/-} and *Yaa/Il21*^{+/+} mice for 275 days. As expected, nearly 50% of the *Yaa/Il21*^{+/+} mice had become moribund by ~180 days. In contrast, all *Yaa/Il21*^{+/+} mice remained healthy for the duration of the experiment (Fig. 4C). These data indicate that a

deficiency in IL-21R prevented the development of key immunopathological processes responsible for the shortened lifespans of BXS-B-Yaa mice.

Analysis of Involvement of T_H17 and T_{FH}. We then addressed the potential involvement of T_H17 and T_{FH} as the source of IL-21 needed to promote this autoimmune disease. In addition to strikingly reduced expression of 2 switched Ig isotypes, there were marked reductions in transcripts for *Il10*, and, predictably, *Il21r*, with splenic cDNAs of *Yaa/Il21*^{-/-} mice compared with those of *Yaa/Il21*^{+/+} mice (Fig. S2A). The reduced levels of *Il10* transcripts are in keeping with earlier studies showing that IL-10 is produced by human B cells and mouse NK cells stimulated with IL-21 (18, 19). However, we observed only variable and statistically insignificant differences in *Il17* expression in studies of cDNAs prepared from either total spleen cells or semipurified splenic CD4 T cells from 16-week-old *Yaa/Il21*^{+/+} and *Yaa/Il21*^{-/-} mice (Fig. S2A and B). By using flow cytometry, we also failed to detect any significant difference in intracellular IL-17 protein staining of splenic CD4 T cells from mice similarly aged before and after culture conditions that promote T_H17 cell polarization (Fig. S2C). In addition, we failed to detect changes in *Il17* gene expression or intracellular IL-17 protein expression of either freshly isolated CD4 T cells or purified naïve CD4 T cells after polarization as well as in CD4 T cells that were expanded with IL-23 in vitro (data not shown). The results showed that the transcript levels of *Il17* and frequencies of T_H17 cells did not correlate with autoimmune manifestations that distinguish IL-21R-deficient and -competent BXS-B-Yaa mice and that T_H17-cell frequencies ex vivo and after culture did not appreciably differ between mice of these 2 genotypes.

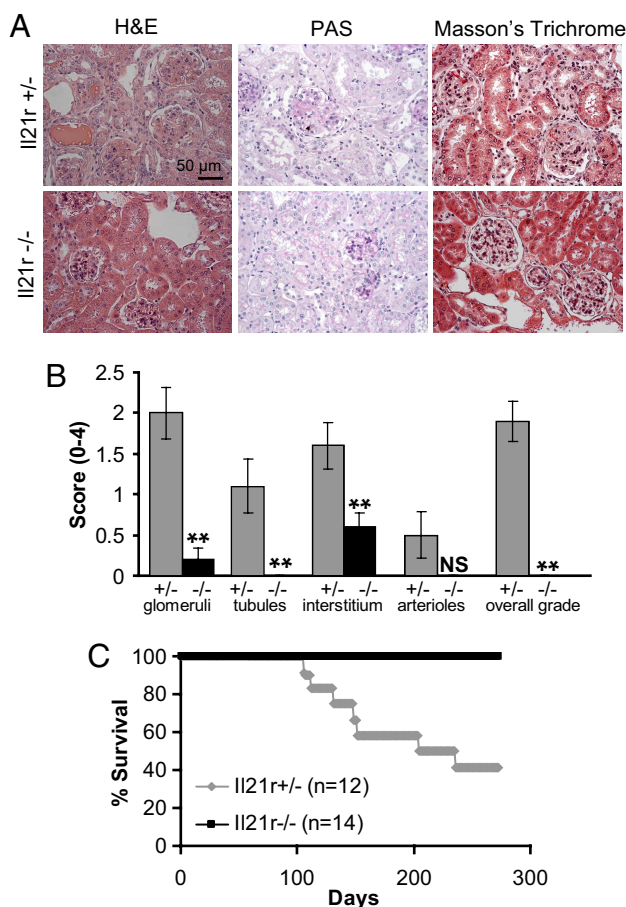


Fig. 4. IL-21R deficiency prevents renal disease and mortality characteristic of BXSB-Yaa mice. (A and B) Kidney sections from 16-week-old *Yaa/Il21r^{+/+}* and *Yaa/Il21r^{-/-}* mice were stained with H&E, periodic acid/Schiff reagent (PAS), or Masson's trichrome. (A) Representative sections. (B) Kidneys were graded for severity of changes. N.S., not significant at $P \leq 0.05$. (C) Kaplan-Meier lifespan analysis indicated a significant Wilcoxon P value of 0.0017 for survival differences.

Because IL-21 is also considered to be a product of the T_{FH} subset of CD4 T cells, we then addressed whether a deficiency in IL-21R would influence the frequency of splenic cells that are characterized by the coexpression of the T_{FH} markers CXCR5 and ICOS (20, 21). The proportions of CXCR5 and ICOS-positive CD4⁺ cells were abnormally high in spleens of *Yaa/Il21r^{+/+}* mice, with ICOS⁺ CD4 T cells comprising $49.0 \pm 6.4\%$ of CD4 T cells. In contrast, the frequencies of ICOS⁺ CD4⁺ cells in spleens of *Yaa/Il21r^{-/-}* mice were substantially reduced to $7.1 \pm 0.6\%$ of CD4 T cells (Fig. 5A and B). Moreover, strong correlation ($R^2 = 0.83$) was observed comparing ICOS expression of CD4 T cells with total spleen cell numbers of the *Yaa/Il21r^{+/+}* and *Yaa/Il21r^{-/-}* cohorts (Fig. 5C). However, although the frequencies of CD4⁺ T cells expressing CXCR5 were also elevated in *Yaa/Il21r^{+/+}* mice (Fig. 5A and B), the correlation with total spleen cell numbers was weak ($R^2 = 0.29$) (Fig. 5C). Gene expression analysis of flow-sorted CD4 T cells was then carried out to address the relationships of ICOS and CXCR5 to *Il21* expression. Expression of *Il21* was enriched ≈ 10 -fold in ICOS^{hi} as compared with ICOS^{lo} CD4 T cells that were isolated from 5-month-old BXSB-Yaa mice (Fig. 5D). To determine whether the level of CXCR5 affected *Il21* expression, in a separate experiment we compared flow cytometry-sorted splenic ICOS^{hi} CXCR5^{hi} and ICOS^{hi} CXCR5^{lo} CD4 T cells pooled from 5-month-old BXSB-Yaa mice. The levels of *Il21*

transcripts did not differ between CXCR5^{hi} and CXCR5^{lo} T cells, whereas *Cxcr5* transcripts were significantly increased, confirming the enrichment procedure. In addition, sorted CXCR5^{lo} cells exhibited lower expression of the P-selectin glycoprotein ligand-1 (*Psgl1*), a finding in keeping with recent studies of SLE-predisposed MRL/*lpr* mice showing that low expression of this marker is characteristic of a novel non- T_{FH} population that was a major source of IL-21 (22). Finally, although the expression of *Cxcr4* was decreased and *Cd83* was elevated in the sorted CXCR5^{hi} T cells, these markers did not correlate with IL-21 expression. Taken together, these results suggest that the increased IL-21 that is critically required for the BXSB-Yaa autoimmune disease does not necessarily derive from conventional T_{FH} cells but instead appears to arise more generally from ICOS⁺ CD4 T cells.

Discussion

The results described here demonstrate that development of the severe SLE-like disease characteristic of BXSB-Yaa mice is critically dependent on IL-21 signaling. BXSB-Yaa mice deficient in IL-21R exhibited none of the prominently abnormal phenotypes typical of this autoimmune syndrome, resulting in healthy mice with a greatly extended, if not normal, lifespan. It is very unlikely that the effects observed in mice homozygous for the *Il21r*-null allele at backcross generation 5–6 can be attributed to residual genetic variation or passenger alleles linked to the *Il21r* gene. We base this conclusion first on the demonstration that *Il21r^{+/+}* BXSB-Yaa mice tested after 11 backcross generations developed similarly severe autoimmune disease, which is abrogated in *Il21r^{-/-}* littermate controls (Fig. S3). Second, the major susceptibility loci associated with autoimmune disease in this model have been rigorously mapped and none are located near *Il21r* (23, 24). IL-21 signaling is therefore fundamental to one or more critical steps in the pathogenesis of SLE in BXSB-Yaa mice. In a previous study, we sought to block IL-21 signaling by repeated treatment of BXSB-Yaa mice with a soluble IL-21R-Fc fusion protein, but documented only minimal and variable changes in SLE biomarkers and overall survival (25). The basis for this apparent discrepancy with the results from the current study of IL-21R-deficient mice is not known. Most likely, however, it can be ascribed to a complete absence of IL-21/IL-21R signaling in IL-21R-deficient mice as compared with only partial effectiveness of IL-21R-Fc treatment in blocking these interactions. A more appreciable but still only partial benefit with the same IL-21R-Fc compound was observed with the MRL-*lpr* SLE model (26) and in models for experimentally-induced diseases of inflammatory cell etiology, including collagen-induced arthritis (27). Although it remains to be shown definitely that IL-21 contributes to human SLE, the observation that allelic variation in the *IL-21* gene is a risk factor for SLE (14) is consistent with such a possibility. Taken together, these results suggest that interruption of the IL-21 signaling pathway merits intensive investigation as a therapeutic option for treating SLE and potentially other autoimmune diseases. The very striking effects of IL-21R deficiency on the severe autoimmune disease of BXSB-Yaa mice and the lesser effects seen with mice treated with the soluble IL-21R-Fc fusion proteins suggest that the latter approach to treatment may require modification or supplementary interventions.

IL-21 is a product of CD4 T cells, with evidence for both inflammatory T_H17 cells and T_{FH} as potential sources (7). Studies have reported that mice with defective IL-21 signaling have reduced numbers of T_H17 cells (8) and a role for IL-21-producing T_H17 cells has been proposed for humoral aspects of autoimmune disease developed by BXD2 mice (28). Although initial studies suggested a role for IL-21 acting through T_H17 in experimental allergic encephalomyelitis (9), recent studies analyzing both IL-21R-deficient and IL-21-deficient mice have

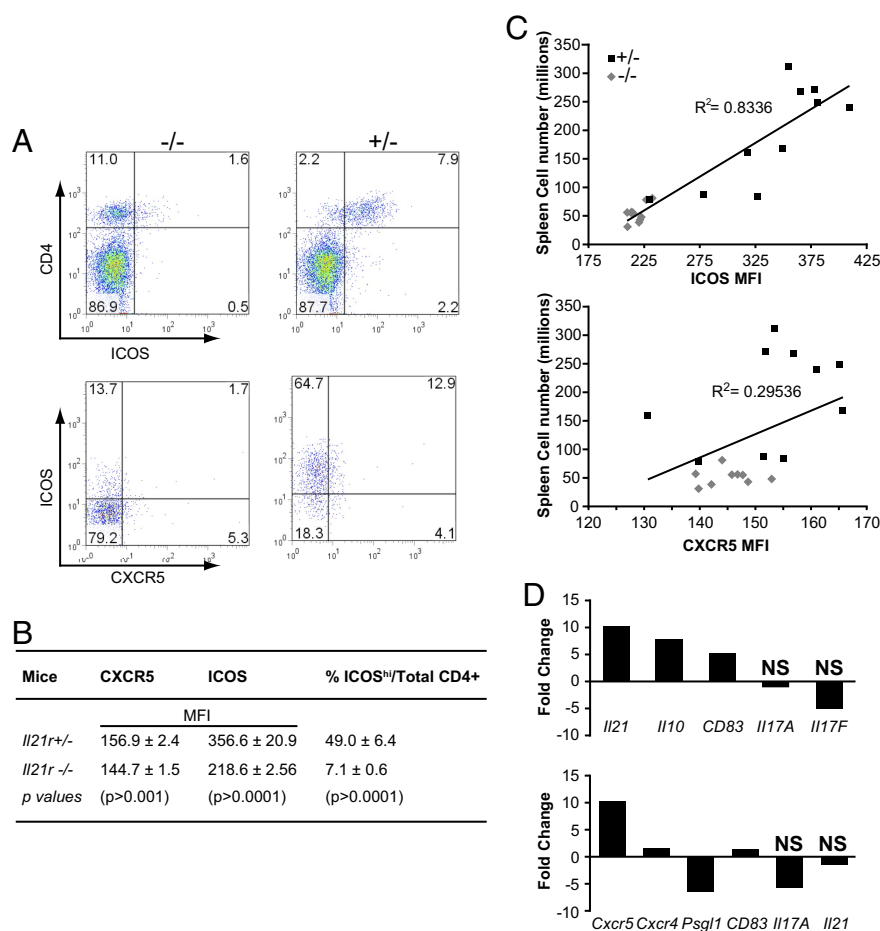


Fig. 5. IL-21R deficiency decreases numbers of T_H cells. Splenic CD4 T cells from 16-week-old *Yaa/Il21*^{-/-}, *Yaa*, and *Yaa/Il21*^{+/+} mice were analyzed for ICOS and CXCR5 expression by flow cytometry analysis. (A) Representative data. (B) Mean fluorescence intensity (MFI) and percent ICOS^{hi} splenic CD4 T cells; there were 10 mice per group. (C) Correlation of total mononuclear spleen cell numbers with MFI of ICOS (Upper) or CXCR5 (Lower) on CD4 T cells of individual 16-week-old *Yaa/Il21*^{+/+} and *Yaa/Il21*^{-/-} mice. (D) Gene expression comparison of flow cytometry-sorted ICOS^{hi} and ICOS^{lo} splenic CD4 T cells (Upper) and ICOS^{hi} CXCR5^{hi} and CXCR5^{lo} splenic CD4 T cells (Lower) from BXS-B-Yaa mice. See Fig. S4 for flow cytometric gates.

questioned this conclusion (29–32). Our studies argue strongly that T_H17 cells are not responsible for the IL-21-dependent signaling that is required for the BXS-B-Yaa disease.

In contrast, there is considerable evidence that T_{FH} cells, characterized by the coexpression of ICOS and CXCR5, are a robust source for IL-21 (6, 7). Studies in humans have shown that by producing IL-21, T_{FH} cells play a key role in promoting the differentiation of B cells to Ig-secreting plasma cells in the GC (33). This is consistent with studies showing that IL-21 is critical for Ig production and plasma cell differentiation in both mice and humans, presumably through its induction of Blimp-1 (12, 34). BXS-B-Yaa mice exhibited a marked expansion of ICOS⁺ CD4 T cells that were markedly reduced in mice deficient in IL-21R. The elevations of ICOS expression on CD4 T cells, which correlated nicely with overall splenic cellularity as a measure of disease, were greatly diminished by an IL-21R deficiency. In addition, *Il21* mRNA was enriched 10-fold in ICOS^{hi} vs. ICOS^{lo} CD4 T cells from BXS-B-Yaa mice. In contrast, there was no correlation between splenic cellularity and CXCR5 expression and *Il21* mRNA was not enriched in CXCR5^{hi} vs. CXCR5^{lo} ICOS⁺ CD4 T cells. These results suggest that the cellular origin of IL-21 critically required to cause autoimmune disease in the BXS-B-Yaa model is not limited to conventional T_{FH}. Similar conclusions supporting a non-T_{FH} origin of IL-21 have been very recently described in the MRL/lpr SLE mouse model with IL-21 being produced by extrafollicular CXCR5⁺ ICOS⁺ T cells that express low levels of Psgl1 (22). Expression of IL-21 by noncanonical T_{FH} that are not restricted to B cell follicles may thus lead to the disorganized follicular structure, ectopic GC formation, and the excessive autoantibody production characteristic of severe SLE.

Our study also helps to clarify the role of *Yaa* in the pathogenesis of SLE-like autoimmunity. The *Yaa* mutation required for this severe autoimmune syndrome is the result of a 4-Mb X → Y chromosome duplication of genes including *Tlr7* (2, 3). This duplication causes B cells and dendritic cells to be more readily activated by endogenous TLR7 stimuli, such as single-stranded RNA, through an NFκB pathway (2). The *Yaa* phenotype is B cell, but not T cell, intrinsic (35–38), and B cells are absolutely required for development of this disease (unpublished results). This suggests that the atypical B cells of BXS-B-Yaa mice may directly or indirectly promote the differentiation/expansion of IL-21-secreting CD4⁺ T cells in response to TLR7 ligation.

An expansion of ICOS^{hi} CD4 T cells that overexpress IL-21 similar to that which is found in BXS-B-Yaa mice is observed in SLE-prone Sanroque mice that carry a hypomorphic mutation in the RING-type ubiquitin ligase gene, *Rc3h1* (20, 39). The product of the wild-type allele of a gene destabilizes ICOS mRNA, repressing the differentiation of ICOS⁺ CD4 T cells (21, 39). Elevated TLR7 signaling in B cells may cause T cells to override this natural repressor mechanism, resulting in ICOS⁺ T cells that generically produce the IL-21. Thus, endogenous innate immune stimuli may act through B cells to disrupt normal T cell differentiation and homing. The IL-21 produced outside of the normal constraints of the lymphoid follicles may then drive the differentiation of autoreactive *Yaa* B cells into autoantibody-secreting plasma cells while also inducing additional manifestations of this severe SLE-like disease, a scenario that may also extend to other antibody-mediated autoimmune syndromes.

Materials and Methods

Mice. BXS-B/MpJ-Yaa mice were bred and maintained in a specific pathogen-free mouse colony at the Jackson Laboratory. BXS-B6-Yaa+/J were used as

BXSB-wt mice for data in Fig. 1. We generated IL-21R-deficient STOCK-*Il21r^{tm1Wjl}* mice (13) serially backcrossed 5–6 generations to BXSB/MpJ-Yaa to create BXSB.129 *Il21r^{tm1Wjl}* mice. For some experiments, *Il21r^{-/-}* and control littermate *Il21r^{+/+}* or *Il21r^{+/+}* BXSB-Yaa male mice from backcross generations 10–11 were used. Oligonucleotide primer sequences for mutation genotyping detecting the wild-type band were mIL-21R F-5'-CATTTCCAAAGAGCTCCAG-TAAACAG-3'; R- 5'-CTTGGCCTGCAGTTCTGACG-3' used in combination with standard neo primers.

ELISA and ANA. ELISAs for Ig subclasses were performed by using unlabeled goat anti-mouse Ig (IgG1, IgG2b, and IgG3) as described in ref. 40. Data are expressed as concentration of Ig/ml based on interpolation by using a standard curve based on titration of purified mouse Igs. Anti-double-stranded DNA antibodies were determined by ELISA as described in ref. 41. For ANA, serum was diluted 1:40 in PBS and 15 μ l was applied to each spot on Hep-2 slides (Antibodies, Inc.) following the supplier's recommendations. ANA intensity was quantitated by using ImageJ software (National Institutes of Health) containing the RGB Measure plug-in. Negative and positive serum control samples provided with the slides were used to set the 0 and 4 values, respectively.

Flow Cytometry. Flow cytometric analysis was performed by using conventional multiparameter procedures. Analysis was carried out on a FACScan (Becton Dickinson) with CELLQuest software for acquisition and FlowJo software (Tree Star) for analysis. Viable cells were gated by propidium iodide exclusion. Immature (transitional) B cells were assayed as being B220⁺, AA4.1^{high}. Mature B cells were considered to be those that were B220⁺, AA4.1^{lo}. MZ B cells were identified as CD19⁺, CD21^{hi}, and CD23^{lo}. The activation status of T cells and B cells was monitored by using CD69 or Ly6a/e (SCA-1)

mAbs in combination with CD3 (T cell) and CD19 (B cell) markers, and mAb to CXCR5 and ICOS on CD4⁺ T cells were used to identify T_H cells. Monocytosis was evaluated by staining with mAb to CD11b and CD11c.

Histology. Tissues obtained at necropsy were fixed, embedded in formalin, and stained. Histological sections were graded in a blinded manner. Four major structures of the kidney were graded on a scale of 0 (normal) to 4 (severe) pathology. At least 10 glomeruli were examined for each animal. An overall grade was applied that reflects all of the changes and takes into account the proportion of the appropriate structures affected in the entire section (42, 43).

Gene Expression. Gene expression was performed by using ImmunoQuantArrays and analyzed by the GPR algorithm as described (15) or by conventional ΔC_T normalization procedures. For a gene list of the 192 and 384 gene ImmunoQuantArrays used in Fig. 1, write to D.C.R. For genes and primer sequences used for data in Fig. 5 and Fig. S2, see Table S2. Validated primers for *Il17b*, *c*, *d*, and *f* were obtained from RealTimePrimers.com. For T cell depletion studies, T cells were negatively depleted by anti-CD4 + anti-CD8 MAC beads, and depletion was \approx 95% complete as assessed by flow cytometry using an anti-CD3 mAb. For T_H enrichment studies, we sort-purified ICOS^{hi} CD4⁺ and ICOS^{lo} CD4⁺ populations. For CXCR5 subset studies, we sort-purified CD4⁺ ICOS⁺ CXCR5^{hi} and CD4⁺ ICOS⁺ CXCR5^{lo} populations by using a FACS-VantageSE, and RNA was prepared by using Qiagen MicroRNeasy kits.

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